

Beat: News

## Raina Ryan If Im So Bad

### Raina Ryan says no to Domestic Violence

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**USPA NEWS** - Facing her worst fears after the break up with her Boyfriend , Australian Music Artist Raina Ryan took to her pen and notebook to write about the anger she felt and being solely blamed for her failed relationship. After days of shaking and crying realizing it takes two to make a relationship and no one should be bullied into submission ever.

Her new single touted to be a hit sensation by many in the industry speaks for the unheard silent voices all over the world. If you are being bullied, If you are feeling alone, If you have a stalker or a narcissistic boss this song 'If I'm So Bad ' will give you courage and strengths to stand up and say NO MORE!

"I wrote 'If I'm So Bad' (IISB) in a fit of rage", said Ryan now 26. "Drunken text messages from a disgruntled ex-boyfriend one night just tipped me over edge. The sheer self-righteousness of this person was almost too much for me to bare. How could someone just be so arrogantly adamant that they had no fault in the breakdown of a relationship? I was furious", explained Ryan.

"As the song progressed in production I realized I not only wanted the piece of music to be an outlet for a bad day but also something everyone could derive strength from. Everyone makes mistakes, but taking responsibility for and recognizing your own faults already puts you ahead of someone that can't. People who walk around placing blame on everyone else infuriates me, they are usually the people with the most to answer for". Ryan went on to say, "ultimately this song is for the bigger person to say "you know what, you go that way. I'll go this way."

I asked Raina Ryan to tell me about style of music we can expect on the release date 7th February 2019 of 'If I'm So Bad ( IISB). "IISB is a piece of electro rock that I want people to blast with their windows down, cruising down the freeway hitting the city limits. I wrote this as a rebuttal to the people that walk around pointing their fingers at everyone else but yet always seem to be in the background checking out what's going on without remembering that if you point your finger at someone you have three fingers pointing back at you. This song is a place where you can plant your feet firmly on their ground, look a bully in the eye and challenge them to their own ideals. "If I'm so bad" or all the things you say I am, why are you still here? This is the question the song poses. It looks a bully square in the face and says; If I'm all of these things you say I am, If I'm so Bad, Go".

Raina Ryan is an advocate to the United Nation Sustainable Development Goals In Australian. Her message to all women is a global message inspired by Victoria Beckham (who she hopes to meet one day) #WhatIReallyReallyWant. Sharing her philanthropic beliefs along side those involved in sharing the messages of 'Empowerment to Woman around the Globe such as Emma Watson, Taylor Swift and Selena Gomez . Raina Ryan hopes she can take her story of school yard bullying as she grew up in Australia to other students around Australia teaching young adults that the behavior of bullying is unacceptable.

Author Earl Nightingale once said , "Learn to enjoy every minute of your life. Be happy now. Don't wait for something outside of yourself to make you happy in the future. Think how really precious is the time you have to spend, whether it's at work or with your family. Every minute should be enjoyed and savored." The United States Press Agency wishes Raina Ryan all the success she deserves and will report back from time to time. In the meantime we cant wait to search your new single in the 7th February... Namaste.

#### Article online:

<https://www.uspa24.com/bericht-14873/raina-ryan-if-im-so-bad.html>

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